

# SHA Parent Reminders 2011-2012

1/6/12



## THE WEEK AHEAD:

Sat. 1/7	Sun. 1/8	Mon. 1/9	Tues. 1/10	Wed. 1/11	Thurs. 1/12	Fri. 1/13
		Faculty/Staff Meeting 3-4 pm	Play Auditions 3-5 pm in Aud.	Physicals in Health Office 11am  Junior College Night 7-8:30 in Aud.	Staff Apprec.- Gr. 11	Assembly  Winter Dance 8-11pm at Hearthstone Manor

## NOTES FROM THE HEALTH OFFICE



Please remember that all 9<sup>th</sup> and 10<sup>th</sup> grade students need to submit a current physical to the Health Office. This is a New York State requirement. Reminder notices were sent in the mail to those families whose daughter has not turned in a current physical. The doctor who works for the Amherst Central School District will be at SHA on Wednesday, January 11<sup>th</sup> to complete the required physicals. If your daughter has not submitted a physical prior to that date, or if you have not notified the Health Office of an upcoming scheduled appointment, then she will be examined by our physician. Also, if there are any athletes planning on playing spring sports and they are unable to see their own doctor and submit a current physical in time for tryouts, please ask the school nurse to schedule you an appointment on January 11<sup>th</sup>. The doctor is only here one day per school year.

## KEY BANK PARKING LOT



As many of you are aware, Key Bank allows us to use their parking lot for student and staff parking. They have asked us to drive safely on the property and things have gone well this year. Just a reminder to all parents and students who use the lot to abide by the following:

1. 15 mph is the maximum speed.
2. Student parking is only from the pole marked "F" to the back of the lot.
3. Please do not drive across the empty parking spaces, use the drive area indicated by the markings.
4. For evening and late afternoon events, visitors can park anywhere on the lot.
5. The area along the fence is reserved for faculty and staff during the day and can be used by visitors in the evening.

The access from Eggert Road seems to be an area where people are driving a little faster. Slowing down to and from Eggert Road to 15 mph is appreciated and a safe practice. Your help in this area is very much appreciated as we work with Key Bank. Thank You.

## COLLEGE NIGHT GR. 10 & 11



College Night - Mark your calendars for Wednesday, January 11, 2012 at 7:00 pm in the AUD here at SHA! This is our annual Junior College Night, for juniors and their parents. (Sophomores and their parents are also welcome to attend). Mrs. Brady, along with a panel of experts in the field of college admission, will discuss in detail the process of preparing for college. Information regarding the Junior Class Washington D.C. trip will be given.

It is imperative that you make every attempt to be at this most informative evening. Prizes will also be given. We look forward to seeing all of you there!

## LUNCH MENU



The lunch menu for January 2012 is posted on SHA's website under "Student Life".

## WINTER BALL



This year, the annual SHA Christmas Dance has been moved to Friday, January 13, 2012. The Winter Ball will take place from 8:00 -11:00 pm, at the Hearthstone Manor on Dick Road in Depew. This semi-formal event is open to all SHA students. Light snacks, desserts, and soft drinks will be served. Students may bring a date or come with their SHA friends. Girls wear semi-formal party dresses (usually short; no need for prom-type gowns) and boys must wear nice pants, a shirt, and a tie.

Please note: It is not necessary to bring a date to this dance. Many students attend with their SHA friends. Also, it is not necessary for students to hire limousines to bring them to the event. Cost is \$25 per person. Tickets will be on sale daily in the Dining Hall from January 3 through January 11 during all lunch periods. Photo packages will also be available. Pricing information will be given out to students prior to the dance.

## SCHOOL CLOSINGS



It's the time of year when the weather can become questionable. Sacred Heart Academy utilizes a school notification system called Global Connect. The program allows Sacred Heart to send out audio and text messages to landline phones, cell phones, and e-mail addresses. The Global Connect school notification system will be used to contact parents and guardians to notify of snow days, delayed openings, early dismissals, emergencies, and vital school information. All district & non-district transportation offices will receive the same notification.

Parent/Guardian contact information will be pulled from Sacred Heart's electronic student information system. If you have changed home phone numbers, cell phone numbers, or business phone numbers, please update your contact information at [www.sacredheartacademy.org/updateparentcontactinformation.php](http://www.sacredheartacademy.org/updateparentcontactinformation.php) or call the Main Office at 834-2101.

We will also continue to announce on local TV and radio stations school closings due to inclement weather or emergencies. **THE ANNOUNCEMENT SHOULD INCLUDE THE NAME "BUFFALO ACADEMY OF THE SACRED HEART" OR "SACRED HEART ACADEMY."** Since there are students from more than twenty school districts, **SHA DOES NOT AUTOMATICALLY CLOSE WITH ANY PUBLIC OR DIOCESAN SCHOOL DISTRICT.** Our school closing policy is listed on Page 42 of your daughter's Student Handbook.

## SPIRIT, MIND, BODY – A MOTHER-DAUGHTER RETREAT



The office of Campus Ministry is sponsoring an optional retreat for mother & daughter pairs. It is an opportunity for SHA students to experience a special retreat with their mothers. This retreat is a unique opportunity for mothers and daughters to talk, listen, learn, pray, and grow together! The retreat will be held on Saturday, January 14 from 10 am - 4:30 pm at Harvest House, and the cost is \$40 per mother/daughter pair. More information and registration forms are now available outside of the Campus Ministry office and are also included on Pages 5-7 with these parent notes. If you have any questions, please contact Ruth Donner at 834-2101 ext. 312 or [rdonner@sacredheartacademy.org](mailto:rdonner@sacredheartacademy.org).

## NOTES FROM THE COUNSELING CENTER



### SAT Prep

Atlas Test Prep will have an in-house class beginning Saturday, January 21<sup>st</sup>. You may sign up at [www.atlastestprep.com](http://www.atlastestprep.com).

### Scholarships for Juniors or Seniors

The Lelia E. Tupper Writing Scholarship is for all high school seniors and juniors and is through Alfred University. A portfolio of writing samples, including 4 poems, 1 short story or play, as well as a personal essay must be postmarked by January 31, 2012 and sent to Alfred University. More information is available in the Counseling Center.

The Young Miss Buffalo Pageant Scholarship & Enrichment Program, Inc. is accepting applications for the 2012 scholarship and enrichment program. This program is open to any young lady who is 1) 13-17 years of age, 2) a resident of the City of Buffalo and surrounding area, 3) a student in middle or high school, 4) a U.S. citizen. Applications are due by February 10<sup>th</sup>, 2012 and are available at <http://ymbp.org/ContestantInfo.html>

## Attn: Senior Parents

2012

### Financial Aid

As a public service, SUNY is offering two Statewide Student Financial Aid Days: **January 21** and **February 11**. At these events, prospective students and families will receive assistance from SUNY financial aid professionals in completing the Free Application for Federal Student Aid (FAFSA). Many host campuses will provide access to the online FAFSA. These workshops are offered free of charge and are available at many different campus locations. Visit [www.suny.edu/studentevents](http://www.suny.edu/studentevents) to see a list of all participating campuses. Students and families should attend the program that is most convenient. Pre-registration for SUNY's Statewide Student Financial Aid Day is available at [www.suny.edu/studentevents](http://www.suny.edu/studentevents) or by contacting the SUNY Recruitment Response Center at 1-800-342-3811.

### FAFSA

Now is the time to apply for your FAFSA (Free Application for Federal Student Aid). Please let the Counseling Center know about your college acceptances and scholarships as they come in! There is a bulletin board for you to sign in the Counseling Center.

### Scholarships for Seniors

HOME (Housing Opportunities Made Equal), a not-for-profit civil rights organization that has promoted fair housing in the Buffalo-Niagara region since 1963, is accepting applications for the 2012 Joanne Champion Granger Scholarship. A \$1000 scholarship will be awarded to a college-bound, high school senior who has demonstrated a commitment to academic excellence and civil rights. Applications are due February 1<sup>st</sup>, 2012, and are available through Naviance, in the Counseling Center, or at [www.homeny.org](http://www.homeny.org).

ECC (Erie County Community College) has a plethora of scholarships for students planning on attending ECC. Applications are online at <http://stars.ecc.edu/stars>. More information is also available in the Counseling Center. [www.Scholarship.com](http://www.Scholarship.com) is a resource that can help find money for college and provides financial aid information. Definitely worth a visit!

The Buffalo Postal Community Federal Credit Union will be giving three \$1000 scholarships to eligible high school seniors in Erie County. To be eligible, students must be or become a member of the Buffalo Community Federal Credit Union and plan on attending a two or four-year college in the fall of 2012. Applications are available at [www.bpcfcu.org](http://www.bpcfcu.org) and are due by January 20<sup>th</sup>, 2012.

The American Association of University Women (AAUW) Buffalo Branch has announced that applications for the 2012 Velma Cobb Scholarship are now available for high school senior women. To be eligible, students must have at least a 3.5 GPA and must plan on attending college full-time next fall. Applications are due by February 1, 2012, and may be found at <http://www.aauw.buffalo.edu/loanindex.htm>.

\*\*\*Please also continue to check Naviance, Fastweb.com, SHA's website, and your college's website for more scholarship opportunities!

## Attn: Junior Parents

2013

### Junior College Night

It is very important that all Juniors and their parents make every effort to attend this most informative evening. It will begin promptly at 7 pm on Wednesday, January 11<sup>th</sup>, 2012 in SHA's Auditorium. There will be speakers and prizes! Don't miss it! (Sophomores and their parents are also welcome to attend).

### Summer Opportunities for Juniors

The Telluride Association Summer Program is a 6-week academic summer program that takes place at Cornell University or the University of Michigan. There are no grades or college credit – this is for students who are motivated for the pleasure and rewards of learning with other students of diverse backgrounds. There is a rigorous selection process, so be sure to visit the Counseling Center if you are interested in this program! Descriptions are available at [www.tasp.tellurideassociation.org](http://www.tasp.tellurideassociation.org).

The Oxford Advanced Studies Program offers ambitious young people the opportunity to study in the historic city of Oxford. This is a summer school study abroad program that expands intellectual and cultural horizons as well as being relevant to academic work. Visit [www.oasp.ac.uk](http://www.oasp.ac.uk) for more information.

## Attn: Sophomore Parents

2014

### Summer Opportunities for Sophomores

The Oxford Advanced Studies Program offers ambitious young people the opportunity to study in the historic city of Oxford. This is a summer school study abroad program that expands intellectual and cultural horizons as well as being relevant to academic work. Visit [www.oasp.ac.uk](http://www.oasp.ac.uk) for more information.

# Spirit, Mind, Body

## A Mother-Daughter Retreat

This optional retreat is sponsored by the office of Campus Ministry. It is an opportunity for SHA students to experience a special retreat with their mothers. The retreat will help mothers and daughters become more comfortable building relationships with each other and sharing faith together. This retreat is a unique opportunity for mothers and daughters to talk, listen, learn, pray, and grow!

### Retreat Details

**Date:** Saturday, January 14, 2012

**Times:** We will meet at Harvest House between 9:30 and 10 a.m. The retreat will begin at 10 a.m. The retreat will end at 4:30 p.m.

**Location:** Harvest House  
1782 Seneca Street  
Buffalo, NY 14210  
(716)825-0929  
<http://www.harvesthousebuffalo.com/>

**Cost:** \$40.00 per mother/daughter pair to cover the facilities rental, a nice catered lunch, speakers and supplies, etc.

\*scholarships are available based on need

**Transportation:** Retreat participants are responsible for providing their own transportation to and from the retreat.

### Retreat Details Continued

**Meals:** A catered lunch will be provided. Please eat breakfast before coming to the retreat.

**What to bring:**

- Wear comfortable, casual clothing & shoes as we will have a yoga stretching session during the day. You may wish to dress in layers as Harvest House can be cold in the morning.
- An open mind
- Harvest House is the largest provider of free baby and children's items in the area, helping families referred to them by over 220 agencies, including hospitals, crisis centers, clinics, doctors, churches, WIC, Prenatal services, refugee services, child protection and social service agencies. Each year the Baby and Children's Ministry helps more than 4,500 children. **Please bring at least one item to donate to the Harvest House baby ministry.** Acceptable donations: new and gently used clothing from newborn to size 14 as well as layette items, blankets, shoes, socks, age appropriate toys & books, and furnishings (cribs, car seats, strollers, swings, etc.) No formula or diapers, please.

**Registration forms and fees are due to Mrs. Donner or Mrs. Clare by Monday, January 9.**

**Please note:** This retreat is open to students of all grade levels and their mothers, but we will only be able to take the first 15 pairs who return their permission slip and registration fee.



## A Mother - Daughter Retreat

(Open to students of all grade levels and their mothers)

**Saturday, January 14, 2012**

**Harvest House**

**10 a.m. - 4:30 p.m.**

Buffalo Academy of the Sacred Heart  
Spirit, Mind, Body: A Mother - Daughter Retreat  
Registration Form



Please return this form and your \$40.00 registration fee by **Monday, January 9** to Mrs. Donner or Mrs. Clare in the Campus Ministry Office. Please make checks payable to: Sacred Heart Academy.

PLEASE PRINT ALL INFORMATION

Student's Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Mother's Name: \_\_\_\_\_

Special Dietary or Other Requirements? \_\_\_\_\_

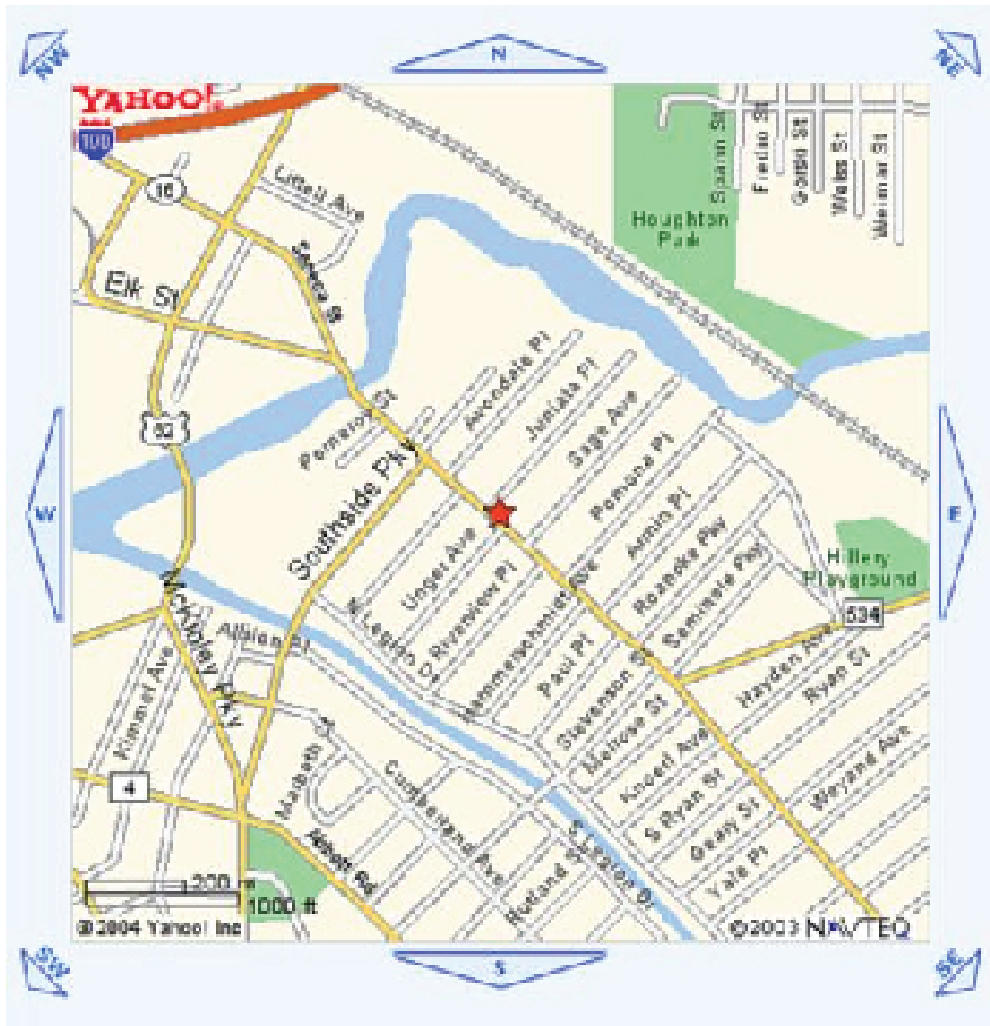
Emergency Contact Name: \_\_\_\_\_

Emergency Contact Number: \_\_\_\_\_

# Directions to Harvest House

1782 Seneca Street, South Buffalo, 14210

**From Amherst, Clarence and East** – Take I90 West to Exit #53 (Downtown/190 North). Take 190 North to Exit #2 (Bailey/Clinton). At the bottom of the exit ramp turn right onto Clinton Street. At the first signal turn left onto Bailey Avenue. Turn left at second signal onto Seneca Street. Harvest House is on the left hand side, five blocks from Bailey Avenue.



**From Southtowns and West** – Take I90 East or 219 North to Exit 54 (400/16). The entrance ramp onto the 400 South becomes the exit ramp for the first exit - Seneca Street/Rt. 16. If you are coming from the 400 North get off at the last exit before the thruway which is Seneca Street. At end of the exit ramp, turn right on to Seneca Street and go 2.2 miles. Harvest House is on the right.

**From Canada, Niagara Falls and North** - Take any bridge to I190 South, past downtown Buffalo to Exit 3 (Seneca Street). At the bottom of the exit ramp you are on a one-way street. Turn left at the end of street (100') on to Elk Street. Elk Street ends at Seneca Street. Turn right. You can see the church ahead on your left.

Harvest House is a large red brick church with white columns at the corner of Juniata Place. There is a parking lot beside the building. Street parking is allowed.