

## HEALTH OFFICE INFORMATION

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### **IMMUNIZATIONS**

Under the State Health Law, **new registrants must present proof of immunization.** If these New York State requirements are not met, the student **cannot** be admitted to school.

The immunizations presently required by state law for school entrance are: Polio (3 doses), Diphtheria (3 doses – DPT or DT), Measles (rubeola) 2 doses, German Measles (rubella) 1 dose, Mumps 1 dose (or combined MMR) given after the age of one year, and Hepatitis B given in a series of three injections.

Children born on or after January 1, 1994 are required to have one dose of varicella (chicken pox) vaccine or provide physician verification of chicken pox disease.

### **PHYSICAL EXAMINATIONS**

Physical examinations are required by law in N.Y.S. on **all** students new to any school within the Amherst Central School District, regardless of grade level, as well as for all 10<sup>th</sup> grade students. At Sacred Heart, this includes all incoming 9<sup>th</sup> grade students. Health assessment forms are available in the Health Office or can be printed at home from the link on our website: <http://www.sacredheartacademy.org/forms.php>  
Your physician may also use his or her own health assessment form.

### **PHYSICAL EXAMINATIONS FOR INTERSCHOLASTIC SPORTS:**

In order for a student to be eligible for interscholastic sports, she must submit a comprehensive physical completed by her private physician. Medical examinations shall be valid for a period of twelve continuous months. These must be submitted to the Health Office and not to coaches prior to the start of a sport. The student will not be allowed to try out for a sport unless they are cleared for participation, in advance, through the school nurse.

### **MEDICATIONS IN SCHOOL**

**Prescription Medications** - According to New York State Health Education Law, any medication to be administered must be brought to the school in the bottle or container in which the medication was purchased or prescribed. It is necessary to receive written permission from the parent and physician before any prescription medication will be given. A pharmacy label does not constitute a written order and cannot be used in lieu of a written order from a licensed prescriber. Students will not be able to carry or have medication in their possession without prior physician approval.

#### **Non-prescription Medications**

1. The school district physician authorizes the Amherst Central School District nurses (including the nurse at Sacred Heart Academy) to administer the following over-the-counter medications with the signed permission of the parent.
  - Cough drops or throat lozenges (alcohol-free)
  - Acetaminophen
  - Ibuprofen
  - Eye drops
  - Antacid
2. The above listed over-the-counter medications will be the only medications that may be given without a student's medical provider's written permission/order.

**EMERGENCIES**

Emergency Data Forms are required for all students. We ask that all families list the phone number of at least one relative or friend that can be contacted in an emergency in case the parent/guardian is unavailable. Please inform the school if any phone numbers or contact information changes.

**WORKING PAPERS**

Students may obtain New York State working permits through the Health Office. It is required that a current physical is on file at Sacred Heart Academy in order to process working papers. Working paper applications are available in the Health Office.